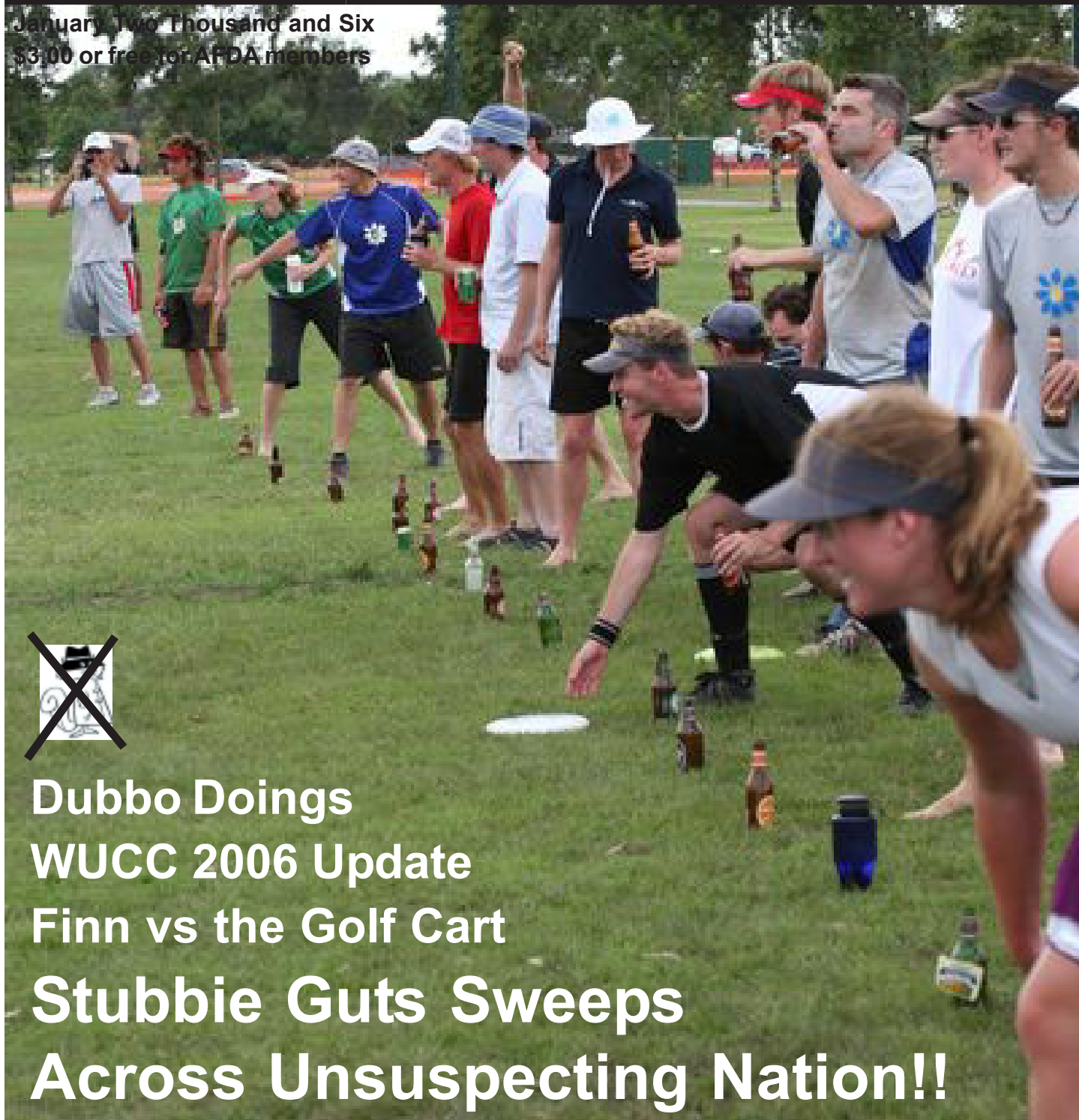


AU


Australian Ultimate

January Two Thousand and Six
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Dubbo Doings
WUCC 2006 Update
Finn vs the Golf Cart
Stubbie Guts Sweeps
Across Unsuspecting Nation!!

Magazine of the Australian Flying Disc Association Inc



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RSD Quote of the Month: "I'm kicking myself right now that I can't remember who said it, but I remember it was a football coach. Anyways, he told his players that when they got to the endzone to "act like you've been there before." That's the way I try to act when I score. If I score big there may be a little celebration, but too many people celebrate huge on every point they score. Unless you've just won a game at nattys or a good tournament, maybe you'll want to holster that spike, lest people think you're not too used to pullin' one in." <http://groups.google.com/group/rec.sport.disc>

The publisher of this magazine is the **Australian Flying Disc Association (AFDA) Inc.** (and don't you forget it!) which can be

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www.afda.com also features the regular photo of the month, new birthdays every day, Australia's best tournament calendar (great for planning your 2005 and 2006), and all the latest news and views. You can get your own articles posted there too. And there's a massive library of useful materials. It's pretty darn useful, let me tell you! Go on, go have a look at it! Tell them AU sent you.

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Cover shot of the massive game of 'Stubbie Guts' at the 2005 Melbourne Hat. Photo by Roger Barnes. Don't know what stubbie guts is? Check out page 15.

From the Editor

Once again I find myself writing my editorial late at night but needing to send AU off to the printers in the morning – the all important first issue for 2006! Why do I do this to myself? New Year's Resolution #1 – get started on each issue of Australian Ultimate way earlier. Anyway, as usual please accept my apologies for any rambling here (but hopefully you won't find too many typos this time around!)

Mixed Nats Hosting

A bit of news first - AFDA is currently looking for bids to host Mixed Nationals 2006. Because of WUCC2006 (you'll be hearing a bit about that this year) being on in November, Mixed Nats will be pulled back to late August. So the powers that be are looking to go somewhere warm (sorry to my friends in Canberra, but we still remember Joint Sitting!)

World Ultimate Club Championships 2006

Unless you've been living under a rock, you'll probably know that its pretty exciting that people are getting themselves onto teams to get to WUCC2006. It'll be a big event and many many Aussie will be putting in both on and off the field between now and the last day of the tournament (and for some, for many days after that too!) So don't forget to help out wherever you can (as usual). I wonder if you, dear reader, can make this your New Year's resolution – to put something more back into Ultimate!

But First . . .

Before we start thinking about the Mixed and the WUCC, there's a big season of National League and then Regional Qualifiers in March and then Nationals in April. (Don't forget you need to get your team to N/S/E/W Regionals to qualify for Nationals these days!) It's a busy time of the year so you need to be organised, especially when you add in getting back to Uni for lots of us. Get those calendars out and start marking everything in! You don't want to miss anything that's happening!

Speaking of not missing anything - time for bed! See ya,
JdR



Your editor doesn't own any red clothes, but still has a great time with the Petrov Affair, runners up at Diskapital VIII: the Red Scare (thanks again to TD Leon!)

LETTERS

After a bit of a drought, we got lots of letters this issue - so lets dive on in!

Dear Jason,

Just wanted to write you about pickup Ultimate. You don't seem to give it much coverage, but its probably the most fun and therefore most important Ultimate there is. Maybe you should do a feature?

Keep up the good work - G

Thanks for the note G. More on pickup is a good idea – especially as I think we're finding as leagues and tournie-going-clubs get more organised, pickup drops off in some places. Just to whet your appetite, here's a short note on the Townsville scene from Joanne Leake:

"I think it was our biggest turn out yet for the Strand sessions with 7 a side and one extra sub per team!! Undeterred by dozens of muscly looking men doing push ups and sit ups and giving each other piggy backs up and down the park (training for the local Rugby Union lads!!) or other social games of cricket, we established our patch and gave the Strand walkers something to watch as they strolled past.

There was plenty of aerial action (Chris and Hamish going head to head and Hamish showing he knows how to use those long arms) and newbie Tim pulled a "Dangerous" Dave move on the big man himself with an elbow to the ribs (I think he is now to be known as Tim the "Terror/Terroriser"). Mel was a scoring machine in the endzone and Lyndal put in a gutsy effort even with bruised hands (the classic Ultimate wounds - to be worn with pride!) Chris proved once again that he does mind eating the odd piece of grass (nice lay-outs!!) and the Johns showed the old stalwarts that they know how to move around a field."

Tell us about your local pickup games for the next issue! - ed.

Hey Jason,

I have a bit of gossip for you. At the recent SAFDA awards, Mr Ultimate from AUG, Tim Johnson, gave a strip tease . . . for his mother! In the photo I have attached (sorry it is so big), his mother is the one with the money in

her mouth . . .

Besides that gossip though, the SAFDA awards was a really good night, raising quite a bit of money, along with Little Keys Beach Tournament, for Cystic Fibrosis Australia.

Robyn Parkinson

Cheers Robyn. Continuing nice work by the SA crew - I heard the awards night was a biggie for everyone. It must have been quite a show for Tim's mum. Alas, I couldn't quite bring myself to print the photo. But I'm sure people can contact Tim (or his mum) for a copy! - ed.

Dear Jason,

It's interesting that you called for people to tell you how many email lists they are on. I'm on a few, but some are better than others. Here's a round-up of the ones I know a bit about.

1. **act-ultimate** - good for parties, lost property, moving in, moving out, "Hottest man/woman/child in ACT ultimate" polls, drinks and dinner...and every now and then someone talks about this Ultimate thing I keep hearing about...

2. **aus ultimate** - no comment, Pottsy will do the talking for me.

3. **afda admin** - obscure list with questions like: Has anyone done a



risk management course?" and "Which voodoo ritual is best for recruitment"

4. **afda HP** - afda HP is like a really really fast car driven by really old people suffering from dementia. It goes from zero activity to maxing out my inbox in less the 6.5 seconds but only because everyone has stopped paying attention to what they are doing.

5. **Eastern Universities** - Secret Kabal of eastern university students plotting the demise of respectable frisbee organisations everywhere.

6. **Deathstar** - The deathstar list is like a public service organisation filled with mutes. Instead of being all talk and no action....

7. **BACTeria_2002** - Proof that I actually have played for a local team in a nationals once....

8. **Road to Brisvegas** (WA nats team 2004) - Fastest way to get the entire WA frisbee community to know your name but for you to have no idea of theirs.

9. **ANUDE** - This place to go if you want to find out that Max Wheeler has cancelled training again (but he's still going to the pub)

10. **ANU Unigames** - The less said about ANU and university games the better....

11. And the not strictly a yahoo list: **ACTUA@samba**

Notable lists missing: **ACTmen4nats** (probably because no one in the ACT considers me a nationals player)

Then there's the lists I have heard bad things about but aren't actually on:

ACTwomens: Recent recruits have unsubscribed within a week in disgust at the dozens of emails (usually one line personal messages) that are sent by list users! Scandal!

I used to be subscribed to the **Fakulti** list as well...but they kicked my fat ass off it a month ago (something about "not playing for Fakulti" or some such :P)

Later - Tom Watson.

Thanks Tom. Check out the yahoo-groups thing on the next page! -ed.

Left: Just so everyone in WA (and on any of these other lists) can know with more certainty who Tom Watson is, here's a photo of him at the Melbourne Hat - pic by Roger Barnes.

The
YAHOO!
GROUPS
Question

So in lurking on a few yahoogroups while preparing this issue, your editor here at AU pondered the question - who is on the most yahoogroup email lists linked to Ultimate in Australia? So we posted the question (to aus-ultimate@yahoogroups of course!) and here's a range of the results!

Iain Buchanan	2 or 3
Bill Clarke	7
Felicity Williams	9
Tom Rogacki	10
Felicity Williams	10
Rueben Berg	10
Jonathan Jonas	11
Anthony Wood	12
Karen Parker	12
Tom Brennan	13
Alica Daly	13
Matt Anscomb	13
Jimmy Tod-Hill	16
Wally Crocker	19
Pennoes	21
Martin Laird	21
Sandra Poon	21
Rachael Grindlay	22
Piers Truter	24
Jemery Day	27
Joel Pillar	32
Bruce McNaughton	32
John McNaughton	38
Jonathan Potts	57

All good efforts of course, particularly from them McNaughton boys, typo-holic Joel Pillar and of course the esteemed Mr Potts. However, the winner and absolutely dominant champion Australian Ultimate Yahoo-grouper is **Andrew Olenick** who gets email from a massive 72 email lists! Andrew, your prize is in the mail, and you are now officially a mad keen legend of unfathomable proportions! Now, just be careful with the RSI on the delete key, keep your hands up, and step away slowly from the computer !

Dear Editor,

I propose that we drop the F from the NUFL and rename it to the National Ultimate League or NUL or better still the Australian Ultimate League.

The F stands for flying disc or Frisbee, depending on who you talk to, but only serves to dilute the significance of the term Ultimate which after all is the sport we are promoting. We should be emphasising the sport and not the apparatus used in the sport.

When talking with Brian Vanallen (WUCC2006 TD) recently he mentioned that the WFDF are trying to increase the brand awareness for the sport of Ultimate and are keen to avoid (or remove) references to the words Frisbee or flying disc. I propose the AFDA follow this approach and remove the F from our national league name.

Michael Canci

Thanks Michael. Its certainly something the powers that be think about but I have the feeling its going to be a perennial issue for a long time yet.

Personally, I don't mind calling the game 'Ultimate Frisbee', mostly because it helps the uninitiated grasp the first concept - it uses a frisbee (much like 'Aussie Rules Football' uses a 'ball'). Hence, I tend to use Ultimate

Frisbee in this newsletter and most of the time myself. But then as for the future, who can say? And NUFL seems easier to say than NUL or AUL! - ed.

Hey Jason,

Here's some photos of our Kombi trip down from Sydney to the 70s themed Melbourne Hat. When the Kombi ('The G Train') broke down we played frisbee by the side of the road and decorated the van with daisies - an hour later the car suddenly worked again. Maybe the spirit goddess smiled upon us?

By the way, I liked your tail at DisKapital - a lot.

dave

Thanks dave, for the photos and the tail compliment. Anyone else want to 'pimp' their frisbee transport for next issue? And hopefully I'll get myself to a few more tournaments this year, and others can share in the fun of the tail. - ed.



There's a final letter on page 15!

MAXI MIXI MOXI

YET ANOTHER TROPHY HEADS TO MELBOURNE AS 'POINT OF ENTRY' TAKE OUT MIXED NATIONALS 2005

It's receded a little into some people's memories, but as AU is your official 'Journal of Record' for the Australian Ultimate scene, we figured we'd better note that Adelaide hosted a fantastic Mixed Nationals 2005 (led by TD Will Christopherson) and boys and girls teams from all over the country came to battle it out on the field and party hard off it.

After a brusing weekend (for some anyways), Melbourne's *Point of Entry* defeated the Sydney/Canberra mutant team *High Adventure* in the final to take home the Championship.

Congratulations to local Adelaide outfit *The Restless Flycatchers* who took out the spirit prize, and Tom Flanagan of *Point of Entry* and Karen Palmer of the *Adelaide Rush* who were named Male and Female Most Valuable Players.

Tom Flanagan flies high over a forlorn Piers Truter in the final at Mixed Nats 2005. Pic by Stephen Wealands.



Final Placings

1. Point of Entry (Melbourne)
2. High Adventure (Syd/Can)
3. Bootius Maximus (Brisbane)
4. Pumpkins (Canberra)
5. Adelaide Rush (Adelaide)
6. Schwang (Melbourne)
7. UQ Ultimate Lovers (Bris)
8. Eugoogoly for Turd Ferguson (Sydney)
9. Nasty Love (Can/Newcastle)
10. Juggernaut (Townsville)
11. Restless Flycatchers (Adel)
12. Honey Badgers (Melbourne)
13. Gong (Wollongong)
14. B-Town Massive (Ballarat)
15. Buff Taz & the Ninjas (Adel)
16. Disc Heads (Adelaide)
17. sCAPEgoats (Sydney)
18. Da Frizz (Adelaide)



Finn 'Maverick' McCarthy-Adams flies at Mixed Nats. You have to work pretty hard when you're being marked by two guys in a golf cart. Photo from Finn's collection.





sCAPEgoats with capes.



AFDA coach of the year Owen Shepherd (right) of High Adventure, gives Rob Adams (sCAPEgoats) a few pointers in their round match at Mixed Nationals 2005. Photos by Dave 'the Goatherd' Hayes.



AU NEWS BRIEFS

Beach Ultimate 2007 World Championships Confirmed

The Beach Ultimate Lovers Association (BULA – the international beach ultimate governing body) and the Brazilian Flying Disc Federation have started the preparations for the 2nd BULA 5-on-5 World Championships Beach Ultimate for national teams. This championship will be held in December 2007 in Brazil.

Red Herring Are the Real Thing

Down in Hobart, *Red Herring* won both the TUA 2005 Spring League's Spirit Prize (shared with *Geilston Bay*) AND the League itself, beating *Geilston Bay* 9-5 in the Grand Final last December.

The semi-finals were both closely contested games, with *Red Herring* holding off a late charge from *Menzies* to score the winning goal after scores were tied at time cap. Meanwhile, *Geilston Bay* came from behind to beat *All Bar One* by a couple of points.

In accordance with the prophecies, several awards were handed out following the Final. Jason Gedamke won a Show Pony for his Style in the Final, while Michael Schmidt took home a Charlie Pride record as Best Recruiter. Janina Beyer picked up a Girls Book of Ballet as Most Improved Female Novice, while Andy Conlan is now the proud owner of a biography of Charles Bronson for being names Most Improved Male Novice.

Tim Phillips picked up a rusty spanner to reflect his Guts in the Final effort, While Stewart Wilde was recognised for being Gratuitous in the Final and received a stylish leopard print shirt. Most coveted though was the antique first aid kit that Andy Conlan took home as a special one-off prize – the "No worries, I'll fix it myself award".

Another Great Moment

In 1968, the U.S. Navy spent almost \$400,000 to study frisbees in wind tunnels, following their flights with computers and cameras, and building a special frisbee-launching machine on top of a Utah cliff to test a prototype flare launcher.

Brisbane Women Multiply!

Last season saw the Brisbane Women's League explode onto the scene, with over 58 women, well over half of whom are new starters! Expect to see some new faces at tournies in the next year or two.



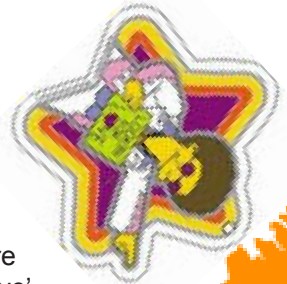
with TD Brian Vanallen

With just under 300 days to go before the best Ultimate players in the World descend upon Perth, more pieces of the WUCC 2006 jigsaw puzzle are falling in to place!

A key component of Worlds will be accommodation and transport. Placing over 2,200 competitors and volunteers in hotels and then moving them to and from the fields was always going to be an important ingredient of the event to get right if we are to ensure that we achieve our goal of a 'best ever' event.



Some of the international clubs you may be meeting.



BOOK A BED SOON!

So it's with great excitement that we recently announced the appointment of Discover West Holidays as the events official travel and accommodation supplier. Full details of Discover West's credentials can be found on our website (www.wucc2006.org for those who have yet to log on) but suffice to say that they are the best in the business.

Discover West will become a 'one stop shop' for all your accommodation needs, whether it be

MAKE IT A GREAT HOLIDAY

Discover West will also be there to assist with any pre and post event tours. It would be a shame to travel all the way to Perth and not see some of the great things that this big State has to offer. Discover West will be packaging up a full set of tours ranging from visits to Margaret River's famous wine and surf region to trips to the readily accessible Rottnest Island, with it's crystal clear waters and bright white sandy beaches.

A dedicated Discover West/WUCC 2006 website will be launched in the coming weeks. This will include full accommodation and tour details.

VOLUNTEERING

And finally, with team bids and rosters likely to be sorted in the coming months keep an eye out for more details on volunteering at WUCC 2006. Whilst Australia will get an unprecedented number of slots at WUCC'06 there are still certain to be many eager Ultimate players who miss out. Don't despair though as we are currently preparing volunteer packages that will be even more exciting than playing! (...well almost!) This will be a unique opportunity for Australian Ultimate players to be intimately involved with a World event. Stay tuned for more details on how you can be part of history...remember the World Ultimate Club Championships will never again come to Australia for the **first** time!

leading up to, during or post event. They are currently working with local hotels to 'reserve' the best available accommodation at the best available prices. Advice received from Discover West was that Nov 12 – 19 is a tight time of the year for accommodation in Perth. It's right on the back end of our wildflower season and accommodation bookings can reach up to 80% of capacity at this time. So 'reserving' beds now will ensure that we don't end up with a 'tent city' out at the fields!



NATIONAL LEAGUE ENTERS 2nd YEAR

After the successes of its inaugural season in 2005, the National Ultimate Frisbee League (NUFL) takes the next step forward, this time looking forward to the World Club Championships to be held in Perth in November. Lets take a look at the teams, and since we only have a couple of team logos, we'll get some help from the Great Sage, narrator of the famous 80's TV show, 'Monkey!':

Chilly A and Chilly B (Melbourne)



The current NUFL and National Champions go into season 2006 as favourites for both NUFL1, NUFL2 and Nationals, with only the need to travel to all three events weighing upon them. The success of last year has seen the Chill build a much greater depth, and with foundation club Adelaide Karma out for this season (and with its focus firmly on WUCC2006 build up) the Chilly management have taken the opportunity to enter a 'B' team. Expect to see Chilly A in the finals, particularly with the greater attention of Shane Vuletich. Tom Rogacki remains the go-to man though. But, as the Great Sage says, "Too much of anything becomes boring!"

Fakulti (North Sydney)



Fakulti come into their fourth year as a club (first appearing under the Fakulti banner back at Nationals 2003 I think) retaining their strong core of Pete Gardner, Owen Sheppard, Kenny Sheppard, Tom Brennan, Anthony Dowle and Matt Dowle. But only a fool would ignore their carefully cultivated 'backline' of talented and spirited youth. Expect to see them in finals. As the Great Sage says, "Youth and love saved a fool. Whatever one says about them may be right. The world is a product of mind, and love and youth make their own reality."

Southside (South Sydney)



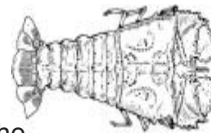
Probably the Club with the most (mis)adventures since the last season. Should be interesting to watch. As the Great Sage says, "The future is unknowable, since to know the future is to change it."

Deathstar (Canberra/Newcastle/Wollongong)



Deathstar are the dark horses for this year's NUFL. 2005 was a tough year for this club, bringing together players from three cities and playing 'getting to know you' games every month or so. However, most of last year's squad are back for Deathstar's sophomore year so they'll be expecting a further improvement. Expect the team to huck it to Nans more often. As the Great Sage says, "A leather bag is nothing, nor is a bucket, nor a brain. They only become useful when something is put into them."

Buggers (Brisbane)



After pulling out all the stops and playing with a lot of promise last year, 2006 will be a tough one for the Brisbane lads, with rumours suggesting the club scratching to get players to the first event in Canberra. However, a few choice pickups on the free agent front (John Damini, Lenny Thong and Matt Petrie), plus the return of Brisbane old boy Jonathan Potts, should give some steel. As the Great Sage says, "The way is never easy. Life hurts. To cure this pain is easy; just wait. It will go away soon enough. Yet there are things to be done. Do them now, or they must be done next time, or the next, or the next. They will be done. Only when they are done is the pain ended."

NUFL2 is also expected to see two additional teams playing. First, the **Sidney Mastars** are expected to compete as part of its headache sutra preparations for the Master's division at WUCC2006. An extra Sydney pickup team will also hopefully appear, to bring the comp up to eight teams.



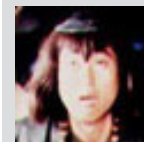
Prologue: In the worlds before NUFL, primal chaos reigned. AFDA sought order. But the phoenix can fly only when its feathers are grown. The many teams formed again and yet again, as endless aeons wheeled and passed. Time and the pure essences of Ultimate, the moisture of the grass, the powers of the plastic and the breeze all worked upon a certain game, old as creation. And it became magically fertile. That first game was named "Spirit". Tathagata Buddha, the Father Buddha, said, "With our thoughts, we make the catch!" Elemental forces caused the league to hatch. From it then came a Discraft Ultrastar 175gm! The nature of NUFL is IRREPRESSIBLE!

Just as the presence of WUCC 2006 on the horizon has led the Open NUFL to limit itself to two rather than three events this year, the Women's NUFL has decided to have only the one match-up in 2006. Its one that's eagerly anticipated though!

Last season, Sydney-based **Southside** dominated, and it looks like they will again.



However, the growth of Women's Ultimate in Brisbane has led some to believe there'll be a stronger showing from **Sultry** this year. If anything, their decision not to play at WUCC2006 (unlike the other teams mentioned here) may encourage them to throw everything at their opponents in March!



Our spy in the Canberra girls' midst tells us they are in the process of considering a new name

to replace **ICE**, and have picked up a new coach to help them get the most out of the year.



Hardened by a tough first season, and continued rivalry with their more fancied cross-town rivals, **Wildcard** will be back for more. Expect there to be a few more jokers in the Sydney-based pack.

Finally, **Ishtar** will be looking to take a leaf out of their Open and Mixed colleagues and bring some more silverware home to Melbourne.



NUFL1 - CANBERRA - 11 and 12 FEBRUARY
NUFL 2 - SYDNEY/WOLLONGONG - 25-26 MARCH

Can you help?
 Volunteer statistics -
 keepers are sought for
 every NUFL game!

ORGANISING FOR O-WEEK

With Tamara Davis and Andrew Olenick
and Staff Writers

It goes without saying that O-Week is the NUMBER ONE time for recruiting students to University frisbee clubs. With thousands of new university students all on-campus for the first (and possibly last) time, it is the best opportunity to spread the word of the disc and convert them all to the ultimate sport.

Here is a quick guide to organising your O-Week recruitment campaign. For more, check out afda.com.

1. Organise an O-Week Stall.

Most unis have a day, or even a week of displays and stalls. They are usually all located in a central area, and this is a great way to show yourself. You should check with your student union or sports association as to how to obtain a stall location. Some things to consider for your stall:

- Book a location
- Ensure you have access to a table, and a couple of chairs. Don't sit there in your chairs all day though – stand in front of your table with a Frisbee in your hand! Toss it to yourself or each other. Be active! Stand out from all the other stalls through movement!
- If your club has a large banner, get it! If you don't, why not make one. Ensure you have somewhere to hang it (a wall, or even the table), and something to stick it up with.
- You will need to arrange some people to help set-up, dismantle, and man the stall each day. Club members who are friendly with great people skills (ie would make great used-car salesmen) are ideal. IF you have a club t-shirt - wear it!
- If you are outside, you should make wet weather contingency plans.
- Since there are a lot of new students with Christmas pocket money ready to spend, why not sell them some stuff!
 - Club T-Shirts
 - Discs - contact your state uni rep if you need some discs to sell
 - Club Memberships
 - Combo packs have been successful for some clubs, e.g. buy both a membership and a disc and save \$5.
- Ensure that you have the following: cash for change, receipt book, and membership registration book.
- You don't want to spend two minutes talking to someone about the virtues of ultimate frisbee, only for them to walk away and forget all about the sport. Make sure you give them something to remember you!
 - A recent copy of the AFDA Newsletter (contact Jason the editor for some

spares!)

- A printout of "The 10 rules of Ultimate"
 - A short "How to throw" guide
 - A pamphlet with club info, including game / training times, upcoming events (BBQ, clinics), contact details (how to subscribe to the email list)
- i) Put them all in a show bag - preferably with your club name/website prominently displayed on it. People always need bags at O-Days!

2. Arrange a Demo Game.

There is nothing better to indoctrinate people to the ways of the disc than to show them how it is played. Ideally, get the newbies to touch some plastic and throw it around.

- Ensure the demo is in a prominent place
- Get a mention in any O-Week material / program. Some universities publish a timetable of events.
- Space can be hard to find during O-Week, especially if you want to be visible. Some options for demos include:
 - Game of ultimate frisbee, for a large grassed area
 - Game of indoor ultimate, in a basketball stadium
 - Game of hotbox, on a smaller grassed area
 - Longest or most accurate throw competition. This is the easiest way to get new people involved, and requires only a small amount of space.

3. Put effort into advertising.

After a couple of weeks, the new students will learn to ignore all of the posters that are displayed around uni every week.

Some ideas include:

- Place an ad or article in the uni newspaper / newsletter. The uni, or perhaps the student union may publish this. Sports associations often have their own stuff too.
- Place an ad on the university radio (if you are lucky enough to have one)
- Organise a "Poster Bomb", where you flood the campus with 'cool' posters advertising the 'funky' sport of ultimate. Try and



Don't underestimate the power of costume - Steve pimp at the 2005 Melbourne Hat. Pic by Roger Barnes.

find as many notice boards as possible. And don't forget the university halls of residence (aka colleges) - they can be a huge source of new suckers ... I mean, talent.

- If your university permits, you can add to the poster bomb with a chalking run. Come up with a catchy slogan, perhaps along with the club's web site address, and write it in chalk in as many locations as possible.

4. Socialising and Eating.

Once you have advertised the sport, a great way to encourage new members to try it out is with **free food**.

Organise a welcome BBQ during the first two weeks of semester. Ensure that it is

Continued
next page

GIVE THEM A VISION!

Most people think frisbee is a sport requiring a dog. To change their minds, why not show them a DVD of the sport being played? There are a number of players around the country with copies that would be happy to loan them out, or you could use some club funds to buy one. Try to get one that has a highlights package (more likely to catch a wandering eye) and if someone asks then show them a game to see how it works.

Don't forget you'll need a powerpoint and extension leads. If you are outside, the TV screen can be hard to see if it is in direct sunlight - you may need to erect some type of shade for the TV.

You could even cover the TV in a box and advertise it as the "Ultimate' peep show - come see men and women going at it!"

DYNAMIC DUBBO DEFEATS BRILLIANT BATHURST

2005 WESTERN NSW CHAMPIONSHIPS GREAT FUN AS USUAL

with 'Ace Reporter', Lynton Auld.

Frisbee is growing fast in Western NSW, and in October last year all the tribes gathered in Mudgee for the 2005 Western NSW Ultimate Frisbee Championships.

The migration to "sunny" Mudgee came after the the cold and blustery conditions of the 2004 event in Bathurst (at which Blue Mountains were surprisingly successful).

But Championship day dawned as you'd expect - cold and blustery. However, at least we were away from the fumes the Mt Panorama rev heads were pumping out last year, so it was hard to complain!

The weekend kicks off on a civilised Saturday afternoon with a big afternoon of pickup.

Then Sunday began with five teams facing off in round robin competition. This year featured two teams from Dubbo, two from Bathurst, and the Blue Mountain Blueys (which featured a few Dubbo players).

This event was eventually taken out by the Blueys/Dubbo combination who went home with the prized Yo-Yo's, defeating Bathurst Number 1, who had to settle for the whoopee cushions and second place (although I think the whoopee cushions and students made for a happy mix!).

After a bit of recovery, the weekend concludes with the huge match up championship slut fest that is all of Dubbo (aka the *Meerkats*) vs all of Bathurst (aka the *Falcons*). By this time Dubbos full roster were available giving them the numerical advantage.

An enthralling match followed with Bathurst dragging itself back from the brink to force extra time. However, that was where their fight ended and the Championship went home with the *Meerkats*. Too many stars, not enough space, however, everyone involved had a great time, and everybody went home with a prize (tech-deck anyone?)

So at the end of the day, the Western

Golden Eagle Trophy (see photo below) headed back to the home of Western NSW frisbee - Dubbo!

Dubbo is regularly attracting 20 plus players to their Wednesday night pick-up and hopefully we'll manage to drag a few bods out here for a tourney some time soon. If youre interested in visiting the Zoo and love your friz come on down, everyon'es welcome (and we are developing a disc golf course as we speak!)

Below: The victorious Dubbo Meerkats celebrating with the Western NSW Ultimate Frisbee Championship trophy: Top - Ben, Paul, Bertie, Lyn, Celeste. Bottom - Maree, Kim, Luke, Kirsten, Eliza. Missing - Warren, Ben, Dave and Tonya). Pic by Frank Garofalow.



O Week Continued:

mentioned in all of your advertising. Often the University or sports association will let you hire a BBQ for a cheap price, or even for free.

- If you make the BBQ itself free to club members, that will encourage people to sign up.

- Make sure you are prepared for on-the-spot sign-ups - have your spare change and receipt book handy.

- Hold the BBQ next to a game of Ultimate, and encourage the new players to join in.

5. Beginning with Beginners.

All too often, new players are afraid to play because they don't know how. An ideal way to overcome this is to organise a Beginner's Coaching Clinic. Invite all of your new players down to be taught the basics by some of your experienced

players. Finish the session off with a beginner's game.

Don't forget that there are often beginner's clinics and games organised in the capital cities. Make sure to advertise these too. If you are in a capital city that doesn't have one, why not organise a combined clinic with the other local university clubs.

6. Teasing Tournament Play.

New players don't really get a taste of ultimate until they have attended their first tournament. After just one day of tournament action, they will be addicted for life. Pick a local tournament which is being held around weeks 6-8 of Semester 1, and organise a uni team to enter. If no such tournament exists, organise your own. Perhaps you can organise an InterVarsity (inter-university) tournament, to help introduce all of the new university players in your area.

There's even more uni stuff on bottom of the next page!

EASY! CHEAP! FUN!

Remember the essentials of promoting Ultimate -

EASY, CHEAP, FUN!

EASY! CHEAP!! FUN!!!!

EASY - simple to learn, unlimited subbing, anyone can do it!

CHEAP - no equipment to buy, no refs or coaches to pay, we like it cheap!

FUN - its all about fun, and boys and girls get to play together! (hint hint).

Keep chanting this out from your Ultimate stand and you'll have people interested all day.

Gossipy Goose Has A Go

Well, as most of you know, Secret Squirrel has handed in her poison pen and crazy keyboard and retired from her gossip-mongery information sharing for AU. But life goes on and people instead have started sending little bits of news and views to me, Jason the Editor, although I'll pretend I'm called "Gossipy Goose" to maintain the Secret Squirrel tradition. So lets put a few bits down for the record, and have some nice photos too.

As you'll see in the photo below, our beloved **Felicity Williams** married her beloved **Paul** in New Zealand on 7 January - the pic is in front of the University of Otago clock tower in Dunedin. Very pretty!

Speaking of weddings, Pennoes married **Danielle Lee** on 15 January 2006. While Pennoes has not been able to arrange the paperwork for a proper 'divorce' from Ultimate, Danielle appears happy to tolerate



the bigamy situation.

Adelaide and South Australian

Ultimate is lamenting the departure of stalwart (and Mixed Nats 2005 TD) **Will Christopherson**, who has returned to the USA due to family illness. All the best Will, we miss you and hope to see you again soon!

One of our correspondents wants to know why **Mark Isherwood, Dave Timmermans** and **Kieren "Sizzler" Moloney** are called the three stooges.

Aside from there being three of them, I guess. Write in and let me know.

There's a great photo floating around the internet (and printed above) of **Rian Dutch** chucking a disc around

with a mate in Antarctica! Pretty cool! Bit hard to round up enough people for seven a side though, I'm guessing.

Speaking of funky pics, we've had the one below in the archive for a while - so long we can't even remember who sent it in (**sorry!**), but the site of a dedicated (if lonely) player trying to teach a Willis Island **booby** bird how to throw a backhand is something special again. And we get to put the word '**booby**' in here, in bold even. Ho ho.

Mel and Len Thong have been proud to announce the birth of their first child, a beautiful and healthy daughter, **Chloe Amber Thong**, born on the 9th December at 9.31am, weighing in at 3.7 kg. All are doing well.

The Tassie Two Hat VIII will probably be held on Saturday 14 October 2006. Last year's event was the best yet, with *Clockwork* (in the orange) taking the title and Spirit, while **Pat Dunne & Mike Baker** made Play of the Day!

Stay loose! And see you next time.



2005 saw five regional University Champs and one National Uni Champ

- Northern Region - University of Queensland
- Western Region - Edith Cowan University
- Southern Region - Flinders University
- Central Region - University of Adelaide
- Eastern Region - University of Newcastle

2005 National Champion - University of New South Wales

MORE UNI STUFF

And mark your calendars now for the 2006 University Championship Events!

- 5 May – Western University Championships - TBC
- 2-5 July – Southern University Games - TBC
- 2-6 July – Eastern University Games – Coffs Harbour
- 2-6 July – Northern University Games – TBC
- 24-29 September – Australian University Games - Adelaide

ELITE SPORTS FIND IT TOUGH

You may recall a while back we invited people to send us in a column of opinion, thought or rant. Well our thanks go to Brian Vanallen (TD for WUCC 2006) for the following - ed.

If you ask sports fans in Australia what the letters NBL stands for I suspect that you'll get the right answer, National Basketball League. High profile, big money and highly competitive. But a recent article in the sports section of The Australian (Friday 16th Dec 2005) paints a different picture. The NBL has just grown to 12 twelve teams with the introduction of the South Dragons in Melbourne. (In the current season the NBL is running an 11 team competition) Yes a sport that's played by nearly 1 million people in Australia has just 12 twelve in their elite level competition, and constantly seems to struggle with decent electronic media coverage. And another fact caught my eye. According to The Australian article, in Victoria 'there are 300,000 Victorians who play the game competitively'. The new South Dragons NBL team is hoping to get a mere 5,000 spectators to their home stadium, the Vodafone Arena. The other Melbourne team, The Melbourne Tigers, has had to move from the 10,000 capacity Vodafone Arena, to the 3,000-capacity State Netball Centre.

And if we move from the basketball court to the waves, World Windsurfing Champion Allison Shreeve also tells us how tough it can be at the elite end of the sporting spectrum. A Daily Telegraph article (also Friday 16th Dec 2005) recounts that after 8 months of competing on the Professional Windsurfing Tour overseas, and on returning home to compete in Sail Melbourne's Formula 1 Windsurfing World Championship at Elwood, she was found to be so broke she had to sleep in her car rather than a hotel. The article goes on to recount that her parents even pay her telephone bill. Remember this is a World Champion in a high profile sport.

So as Australian Ultimate heads towards the 2006 World Club Championships, and struggles with concepts of NUFL and Mixed Nationals, such reflection on other higher profile sports seems to put things in perspective. We are a young, emerging and growing sport. We have many metres to go before we can compete on the high ground. We must continue to focus our energies on

raising the awareness and profile of Ultimate. We need to reflect on what's best for the growth of the sport. Is it continuing to 'huck long' into the development of NUFL, where the focus is elite competition, or is it a 'short, sharp pass' in to the grass roots growth of Ultimate, University based Club development. Or is it both? And along the way we mustn't get discouraged if miss out on media coverage, sponsorship or spectators.



Above and below - Melbourne Hat fun. Pics by Roger Barnes.



MORE BETTER NAMES FOR YOUR LAME TEAM

You might remember a few years back we here at AU railed against lame Ultimate team names (like Discgraceful for example). Well here's part two of our approved name list - just a few suggestions for you and your mates. Let us know if you use them (you'll owe us beer!)

- | | |
|------------------------------|-----------------------------------|
| Crabby | Gargamel |
| Creamy | Gargle |
| Crumpet | Get Down, Make Love |
| Cult of the Plastic | Get Me a Nipple |
| Curvacious | Great Caesar's Ghost! |
| D Is For Disc | Gordon Bennett |
| Dalekmania | Groovy Gravy |
| Disaster Area | Groundskeeper Willie |
| Doctor Who and the Evil Doom | Hamsterdance |
| Don't Call Me Dude | Han Solo and the Wookies |
| Dyno-cut | Hanging to the Left |
| Earth's Mightiest Heroes | Hardly |
| Easy | Harlequin Romance |
| Eeeore | Honeybuns |
| Everyone Loves Jello | Hoots! |
| Face Front | Horshack |
| Fat Cut and Fiends | Hot Oil Wrestling |
| Feeling Furry | House of Fun |
| Famarkle | How About a Huck? |
| Five Dollah | Hucking Disc-graceful |
| Flaccid | Human Pretzle |
| Flick Flock | Hustling |
| Flick My Back | I Hucked a Lotta Disc to Get |
| Flick of Seagulls | Where I Am |
| Flinch | I Like it Latin |
| Fraggle Rock | I Wanna Be an Owen |
| Freight Truck | I Was At This Rollins Concert ... |
| Fondle | Jailbait |
| Fox Force Five | Jubbies |
| Foxy Boxing | Justice Discs of America |

NIPPLES HAVE RISEN AT THE 2006 WA STATE CHAMPIONSHIPS

Congratulations to the fabulous *Nipples* who took out the WA Ultimate Championships (aka The Phoenix Has Risen tournament) on January 6-7 2006.

The Nips went through the weekend undefeated, seeing off *Fear* in the final. It was another bridesmaid effort for the fearsome ones, who've come second three years in a row now! The *Breadmakers* took third.

The *Karratha Frisbee Club (KFC)* came out on top for spirit, though by just 1 point, and in a hard fought battle with the Murdoch University based *MUD* (whom they lost to in the Round Robin), won themselves a place in the semi-finals. It was great to see that every team came out with at least one win, and the spirit was high throughout play.

Sandy Castleden (*FEAR*) and Jerome Bull (*MUD*) were voted MVP's for the tournament and Paul Staples got a great big chocolate cake, but only because it was his birthday.

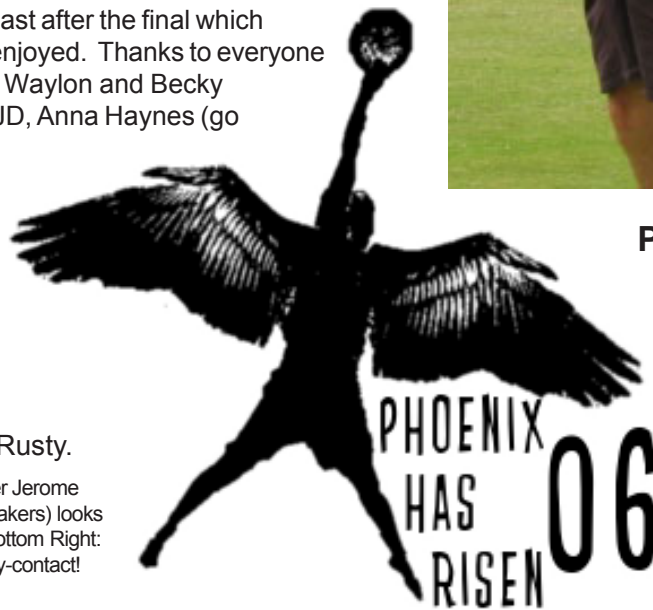
Saturday was a killer with 35 degree heat from 9am, but with most teams having several subs, Ultimate persevered. And just about everyone rocked onto Sunday.

Freddy Miles provided a decadent feast after the final which everyone enjoyed and enjoyed and enjoyed. Thanks to everyone who helped out with the little things, Waylon and Becky Parker, Jerome Bull, Antony Wood, JD, Anna Haynes (go Prez!), Freddy for the food, and of course Pip.

Also, congrats to Royd Aisbet for organizing the first team from Karratha. Next time you see any of these people, give them a thumbs up to show your appreciation. It wouldn't have happened without them.

Love, Rusty.

Top Right: Frank Nicole (KFC) takes a mark over Jerome Bull (MUD). Bottom Left: Andy Wong (Breadmakers) looks for the foot-block on Stan Schmanski (Fear). Bottom Right: The hot conditions discouraged too much body-contact! Pics by Daniel Stean.



Past Western Australian State Champions

2006	<i>Nipples</i>
2005	<i>Zoltan</i>
2004	<i>Zoltan</i>
2003	<i>FUBA</i>
2002	<i>(someone tell us)</i>
2001	<i>Ummrumm</i>

2006 Logo designer - Andrew Hutcheon



How to Play Stubbie Guts

Stubbie Guts is a variant of Guts (a crazy disc sport that involves a lot more pain that is somewhat popular in more martial cultures) but is really something to do while drinking. Australians current claim to be the World Champions at Stubbie Guts, although this writer is unaware of any championship event sanctioned by an appropriately representative global body, nor that any such body with a particular interest in Stubbie Guts exists.

Two teams set up in two lines, facing each other, about 15 metres apart (this is about 7 Rogacki's laid end to end). Each player has an empty stubbie (short beer bottle, and empty because they've already drunk it to enter the game), which they place on the ground in front of them. Each player also has an open stubbie (still containing the amber ambrosia that is known as 'beer') in their hand.

Teams then throw discs at each other's stubbies, trying to knock them over (the stubbies, not the other team).

If either of your stubbies is knocked over, you have to take a long drink of your full stubbie. You then have to return your empty stubbie to the upright position before you can throw again.

You are also required to consume if (a) one of your throws it caught on the full by the other team, or (b) if you 'goal-tend', that is, you block or catch an incoming disc before it reaches your ground stubbie.

Spirit of the game applies at all times of course, although with a slight rewording. "Stubbie guts has traditionally relied upon a spirit of sportspersonship which places the responsibility for fair play on the individual drinker themselves. Highly competitive play is encouraged but never at the expense of mutual respect between players, adherence to the agreed-upon rules of the game, the basic joy of play or the ultimate goals of entertaining each other and getting drunk together."

Play with glasses of wine or spirits is permissible, although some purists will insist on use of a stubbie as an 'empty' because of its greater orientation to the horizontal. Shot glasses are tough to connect with.

Your most popular throw tends to be the hammer, since it is the easiest throw to skid along the ground, and so is the least likely to be caught on the full.



A FINAL LETTER FOR THIS ISSUE:

Dearest Jase,

I can't help but notice over the past few issues that you haven't had any photos of Pete Liddicoat, nor nude people. While I don't want to see Pete nude, it'd be good to see some (tasteful) nude pics, and some Pete pics.

Thanks for listening,
Miss P.

Miss P., we live to serve and had a dig around the archives. Hope you enjoy. - Your editor.



AU'S COMPACT DISC OF THE MONTH:



The Tassie Two Hat Rainbow. Photo by John Kristensen.



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If Undeliverable, return to:
Australian Flying Disc Association Inc
PO Box 842 Canberra ACT 2601

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